My Courageous Life, David Whyte

My Courageous Life has gone ahead

and is looking back,

calling me on.

My courageous life

has seen everything

I have been

and everything

I have not

and has

forgiven me,

day after day.

My courageous life

still wants

my company:

wants me to

understand

my life as witness

and thus

bequeath me

the way ahead.

My courageous life

has the patience

to keep teaching me,

how to invent

my own

disappearance,

and how

once gone,

to reappear again.

My courageous life

wants to stop

being ahead of me

so that it can lie

down and rest

deep inside the body

it has been

calling on.

My courageous life

wants to be

my foundation,

showing me

day after day

even against my will

how to undo myself,

how to surpass myself,

how to laugh as I go

in the face

of danger,

how to invite

the right kind

of perilous

love,

how to find

a way

to die

of generosity.

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My Courageous Life; A new adaption of ‘Second Life’ in Pilgrim