### Bending Light by Alden Solovy

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Light is a universal metaphor for Divine energy, a symbol for holiness, truth, radiance, eminence, love.

To pray is to summon Divine light into our lives.

To bless is an attempt summon that light and then to bend it toward holy purpose, including consolation, joy and healing.

Communion is the attempt to journey into the light of holiness, awe and wonder.

And so, prayer is an act of *summoning* light.

Blessing is an act of *bending* light.

Communion is the act of *entering* light.