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Under Work Life, Inspiration & Work

with me

1 min read

An Inspired Poem: Grounded

The earth beneath my feet, so strong and true,
It grounds me in a way that nothing else can do,
With each step, I feel the calm and peace,
And all my worries and fears seem to release.
I walk with courage, for I am not alone,
The connection to the earth, a feeling like home,
And as I explore with curiosity in my heart,
I discover a world that's been there from the start.
I see the beauty in every plant and tree,
And I feel the energy that surrounds me,
And with compassion for all that's living,
I feel my spirit lift, my heart forgiving.
For in nature, I find a sense of grace,
A reminder of the goodness in this place,
And I am grateful for this grounding force,
That brings me back to a sense of course.
So let us all take a moment to reflect,
And find our footing with nature's respect,
For in this grounded state, we'll find our way,
And live each day with purpose and play.